tunity to put what was actually going on outside as against what I had imagined. However* during the earlier stages of my experience in these lines, these false notions, inspite of their falsity, appeared in a great measure dbnsoling to my mind, in as much as they saved me from the loneliness and monotony of a life of confinement, bereft of all softening and enlivening influences of a genial and friendly company.

But by and by, as this extraordinary world began to send its roots deeper and deeper into my mental constitution, the effects seemed to turn out more and more prejudicial to my earthly interests. ^ *f*

IX.

Now, let us consider the characteristic peculiarities that differentiate the earthly from the unearthly and we shall fii^d some clue to a clearer * grasp and a better handling of the problems that arise out of those peculiarities.

First of all we find that in order to be able to get born to our earthly sphere, there is only one doer open to us and that is, by way of the

matrix. It becomes necessary for the human
nucleus *or* the *jeeoa*$_{9}$ to complete his full ten